



ATELIER CALUNÉ

Care Instructions

*Behavior in the healing phase
(first 4-6 weeks):*

- The tattoo needs 4-6 weeks to heal completely. During this time, full baths or long showers should be avoided as the tattoo would run the risk of softening and swelling. This could cause the tattoo to lose color.
- Avoid saunas, chlorine baths and indoor swimming pools.
- Do not swim in the sea, lakes or outdoor/indoor pools as this can lead to wound infections.
- Excessive sweating (e.g. in the heat or during sport) should also be avoided as far as possible during this time as bacteria can cause inflammation.
- Also avoid stretching the skin (e.g. through sport). No solarium or sun exposure as this can cause the color to fade.
- The wound or fresh skin is very sensitive to sunburn. Burns can cause the skin to peel off along with the tattoo.
- Do not wear tight or linty clothing, as this can rub and cause inflammation.
- If the tattoo is stuck to clothing: soften with lukewarm water, slowly peel off, clean and apply cream. Consume sufficient vitamin C.
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- You can find more information at: atelier-calune.com

Take proper care of your tattoo - for long-lasting enjoyment of your artwork. Your health and the quality of your tattoo are important to us, which is why we ask you to only follow our tattoo care instructions. After you have left the studio, the responsibility for the care of your tattoo lies in your hands. It is therefore important that you follow the care instructions exactly. Remember, the correct care of your tattoo is crucial for the final result and how long you will enjoy your tattoo.





After the film is off

- carefully apply a thin layer of wound and healing ointment to the tattoo for the first time (do not rub in).
- Wash your hands before applying the ointment! (Panthenol ointment, e.g. Tattoocreme)
- Repeat 2 - 3 times a day until the scab (grind) has completely fallen off by itself. (this can lead to loss of color and scarring)
- Reapplying cream can help by applying cream, small pimples may appear (disappear again after the tattoo has healed)
- After approx. 4-7 days, the protective skin (scab) disappears and a very shiny skin (baby skin) appears underneath.
- However, the tattoo is only completely healed after 4-6 weeks!

Behavior after the healing phase (after 5-6 weeks):

- Even after healing, remember to use sufficient sunscreen (sun protection factor 45 or more!)
- Regular moisturizing protects your tattoo from fading, especially on areas such as the hands, feet and elbows
- Epilating the tattooed areas can lead to color loss
- Heavy tanning of the skin can lead to changes in the “color” of the tattoo, e.g. red can then look like brown, and the colors fade faster

First day - Third day (adhesive foil/second skin/subrasorb)

Normally, we will provide you with a sterile, transparent adhesive plaster (Subrasorb/Second Skin) over the tattoo.

- The care instructions are only for this type of wound care! The tattoo has now been treated with a wound plaster so that no air or dirt can reach the tattoo for the time being. Now the pores have time to close from the inside without external influences and to squeeze the wound water (and possibly also color) out of the light wound. This collects under the foil.
- A fresh tattoo should be treated like a wound! So be particularly careful with it for the first 7 days and remove the foil after 3 days at the latest. If the foil comes off earlier, it can be removed sooner. In this case, you do not need to stick anything over the tattoo again.
- After removing the foil: Carefully wash the fresh tattoo twice in quick succession with lukewarm water and soap. (Preferably perfume-free soap) Otherwise a shower gel or shampoo will do.
- Never use a washcloth to wash it off, only your washed hands! Dry the whole thing carefully with a lint-free cloth (kitchen roll).
- I also recommend disinfecting the tattoo with skin disinfectant after washing while it is still “oozing” and if the rubbing of the clothing hurts, you can pad the tattoo with a compress and bandage like a normal wound.



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